



25th

ECOG Congress

European Childhood Obesity Group (ECOG) 25th Annual Congress

12-14 October 2015, Karolinska Institutet, Stockholm, Sweden

Fields in focus: paediatric endocrinology, nutrition epidemiology, eating behaviour



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**Karolinska
Institutet**

First Announcement



Stockholm, March 2015

Dear colleague,

It is our pleasure to announce the 25th European Childhood Obesity Group (ECOG2015) Annual Congress.

ECOG2015 will take place in Stockholm from the 12th to 14th of October. Located on the Baltic Sea and founded in the 13th century, Stockholm is one of the most beautiful European capitals whose largest and best-preserved medieval city centre is surrounded by 14 islands. Stockholm is a modern cosmopolitan city, full of graceful architecture and an exceptionally vital and energetic cultural life of.

This year's Congress will be hosted at the Karolinska Institutet, one of the world's leading medical universities. The history of Karolinska Institutet is very much the history of Swedish medicine. The Karolinska Institutet was the first seat of learning with an exclusive focus on medicine, and is today Sweden's only medical university. Every year the Nobel Assembly, consisting of professors from the Karolinska Institutet, awards the Nobel Prize in Physiology or Medicine.

The Congress program of ECOG2015 will present some of the most outstanding European researchers in the field of paediatric obesity in order to offer novel insights into prevention and treatment. A wide array of topics from long-term consequences of obesity, the role of the brain and prediction of treatment outcomes will be presented. A unique feature of the Congresses organized by the European Childhood Obesity Group is the addition of interactive workshops to the programme in order to actively involve the audience in discussing the presented topics and developing new contacts and networks. A new addition to this year's Congress is more space in the programme for oral presentations confirming ECOG's long tradition of supporting students and investigators at early stages of their careers. All accepted abstracts will be published in *Acta Paediatrica*, a well-known and respected scientific journal on international paediatric research.


The venue for ECOG2015 will facilitate the presentation and dissemination of high quality scientific research and is situated at a convenient distance from hotels and tourist attractions. Stockholm's international airport, Arlanda, is Sweden's largest airport and is an important hub for the Scandinavian region with daily flights to Europe, the USA and other global destinations. Arlanda is connected to the city by a fast speed train (20 min) and by an airport bus (45 min).

We hope that you will take this excellent opportunity to present your research, get updated with the new advances in the field, meet your colleagues and make new contacts while visiting a beautiful city. We look very much forward to welcoming you in Stockholm!

Yours Sincerely,



Prof. Dr. Artur Mazur
President ECOG



Paulina Nowicka, PhD
President-Elect ECOG Congress 2015

ECOG BOARD 2014-2017

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Call for abstracts

- * The abstract submission deadline is 18 June 2015.
- * Only online submissions through the following link will be considered: <https://bs-europa.conference-services.net/authorlogin.asp?conferenceID=4579&language=en-uk>
- * If you have problems or questions regarding the submission system please contact us by email at info@bs-europa.eu
- * Abstracts must be submitted in English with a maximum word count of 250 words. Authors from non-English speaking countries are requested to have their text thoroughly checked.
- * Figures, graphics and footnotes will not be accepted.
- * Please specify whether you are submitting your abstract for the Swedish Session (12 October) or for the main Congress (13-14 October)
- * The ECOG2015 abstract template is available below and through the following link: <https://bs-europa.conference-services.net/authorlogin.asp?action=authorLogin&conferenceID=4579&language=en-uk>
- * The submission fee is 35€ per abstract – this should be paid at the time of abstract submission through a Paypal account or by bank transfer using the following link: <https://bs-europa.conference-services.net/authorlogin.asp?action=authorLogin&conferenceID=4579&language=en-uk>
- * Abstracts will be selected for oral sessions or poster presentations.
- * All abstract submitters will be notified of the status of their abstract by 31 July.
- * Presenters of accepted abstracts are expected to attend the Congress and will be entitled to an early bird registration fee once they are notified of their abstract acceptance.
- * All accepted abstracts will be published in Acta Paediatrica.

Abstract template

Please note that only abstracts using the following template will be considered

SUBMITTED TO: Select Swedish session or main Congress

ABSTRACT TITLE

Arial 11 font bold, left aligned

AUTHOR NAMES

Arial 11 font. Initials, surname. **Presenting author to be bold**, affiliations numbered in superscript.

POSTAL AND E-MAIL ADDRESSES FOR CONTACT

Arial 11 font, left aligned

ABSTRACT TEXT

Arial 11 font, left aligned, maximum **250 words**.

EXAMPLE

Title

Childhood Obesity

Authors

B Green¹, N Red², P White²

¹ University of Hogwarts, Rivendell, Middle-earth

² Royal Green Hospital, Lannisport, Westeros

Text

Aim: Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor **Methods:**

Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt **Results:**

Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt ut

Conclusion: Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor

The abstract should be followed by a maximum of five keywords, listed alphabetically.

Programme

Monday 12th of October 2015

Swedish Session

Swedish Obesity Research (all presentations in Swedish) is organised in collaboration with the Swedish Association for the Study of Obesity (SFO) and the Swedish Childhood Obesity Treatment Register (BORIS)

kl. 9:30-12:00 BORIS-förmiddagen, endast för användare av registret

kl. 13:00-17:00 För alla intresserade, se programmet nedan.

Session I, 13:00-14:30 Tidigt förebyggande åtgärder

13:00-13:20 Prevention före skolåldern, både riktad och generell. Viktoria Svensson, Med dr, dietist, Karolinska Institutet, Stockholm

13:20-13:40 Föräldraskap och fetma – Vad vet vi om gränssättning? Paulina Nowicka, Med dr, beteendevetare/dietist, Karolinska Institutet, Stockholm

13:40-14:30 Fika + postersession med guidad presentation av fem utvalda postrar

Session II, 14:30-15:40 Beslutstöd: Från forskningsrön till nationell samordning

14:30-14:50 Provtagning: från vilken ålder bör vi ta blodprover, vad letar vi efter och hur ska vi åtgärda patologiska fynd? Carl-Erik Flodmark, barnläkare, docent. Barnöverviktsenheten Region Skåne

14:50-15:10 Vilka behandlingsmodeller är evidensbaserade, vilka kostråd gäller, för vilka åldrar och vad bör vi avfärda? Jovanna Dahlgren, professor i pediatrik tillväxtforskning, Göteborgs Universitetet

15:10-15:40 Diskussion: vad kan vi enas om och hur går vi vidare för att erhålla en nationell samsyn?

15:40-15:55 Paus

Session III, 15:55-17:00 Bättre omhändertagande för ungdomar

15:55-16:15 Icke-kirurgisk behandling. Pernilla Danielsson, Med dr, barnsjuksköterska, Karolinska Universitetssjukhuset Huddinge

16:15-16:35 Kirurgi. Torsten Olbers, docent vid Sahlgrenska akademien, Göteborgs universitet och överläkare i kirurgi

16:35-17:00 Diskussion: Hur ser en integrerad behandlingsmodell ut för ungdomar med fetma idag?

Anmälan och abstrakt

All anmälan (även BORIS-dagen) och abstrakt till poster presentation sker via ECOG Congress 2015 hemsida: <http://www.ecog-obesity.eu>

Alla accepterade abstrakt publiceras i *Acta Paediatrica*. Abstrakt ska vara skrivna på engelska, övriga instruktioner på hemsidan.

Stockholm

12-14 October 2015



Tuesday 13th of October 2015 ECOG Main conference, Day 1	Wednesday 14th of October 2015 ECOG Main conference, Day 2
<p>Session I, 9:00-10:45 <i>Public health</i></p> <p>09:00-09:30 Evidence of the effectiveness of health-related food taxes: Mike Rayner (UK)</p> <p>09:30-10:00 Early physical activity and gender differences: Maria Hagströmer (Sweden)</p> <p>10:00-10:45 Working groups</p>	<p>Session V, 9:00-10:45 <i>Prevention</i></p> <p>09:00-09:30 What is the evidence behind prevention early in life? Stef Kremers (The Netherlands)</p> <p>09:30-09:45 Selected abstract</p> <p>09:45-10:00 Selected abstract</p> <p>10:00-10:45 Working groups</p>
<p>10:45-11:15 Coffee break</p>	<p>10:45-11:15 Coffee break</p>
<p>Session II, 11:15-12:15 <i>Long-term consequences of obesity (Part 1)</i></p> <p>11:15-11:45 Insulin resistance in childhood - how it is measured and what does it mean? Ram Weiss (Israel)</p> <p>11:45-12:15 Should obese children with fatty liver be treated differently? Valerio Nobili (Italy)</p>	<p>Session IV, 11:15-12:15: <i>Childhood obesity and the brain</i></p> <p>11:15-11:45 Brain, food and emotions: Does food addiction exist in children? Jens Blechert (Austria)</p> <p>11:45-12:15 Child obesity and school performance: How is the association influenced by stigmatization and social insecurity? Finn Rasmussen (Sweden)</p>
<p>12:15-13:30 Lunch with poster presentations Guided poster presentations start 12:45. (12:45-13:30 ECOG Board meeting)</p>	<p>12:15-13:30 Lunch with poster presentations Guided poster presentations start 12:45.</p>
<p>Session III, 13:30-15:10 <i>Long-term consequences of obesity (Part 2)</i></p> <p>13:30-14:00 Body size in childhood and the risk of cancer in adulthood: Jennifer Baker (Denmark)</p> <p>14:00-14:15 Selected abstract</p> <p>14:15-14:30 Selected abstract</p> <p>14:30-15:20 Working groups</p>	<p>Session IIV, 13:30-15:00 <i>Prediction of treatment outcomes</i></p> <p>13:30-14:00 Are there differences in obesity risk and treatment outcomes based on genetics? Philippe Froguel (France)</p> <p>14:00-14:30 Inequalities and rationalities of interventions for childhood obesity. Stanley Ulijaszek (UK)</p> <p>14:30-14:45 Selected abstract</p> <p>14:45-15:00 Selected abstract</p>
<p>15:20-15:50 Coffee break</p>	<p>14:45-15:15 Coffee break</p>
<p>Session IV, 15:50-16:50 <i>Sweetness</i></p> <p>15:50-16:20 Sugar vs artificial sweeteners? Anne Raben (Denmark)</p> <p>16:20-16:50 Microbiota and obesity: Effects of sweeteners (TBA)</p>	<p>Session IIV, 15:15-16:45 <i>Update on treatment for adolescents</i></p> <p>15:15-15:45 What is the hope for adolescents? Thomas Reinehr (Germany)</p> <p>15:45-16:15 Obstructive sleep apnea treatment: Kim Van Hoorenbeeck (Belgium)</p> <p>16:15-16:30 Selected abstract</p> <p>16:30-16:45 Selected abstract</p>
<p>17:00-18:00 ECOG General Assembly</p>	<p>16:45-17:15 Follow up of working groups and next steps</p>
<p>19:30 Gala dinner</p>	<p>17:15-17:30 Closing ceremony</p>

Stockholm

12-14 October 2015



Congress venue

Karolinska Institutet, Stockholm.

Social Programme

Gala Dinner

Tuesday, 13th of October, 19:30 hrs

Cost: 65€



This year the Gala Dinner will be served in a very unique venue: on the legendary yacht the Queen of Lake Malaren! When you arrive at the Queen of Lake Malaren you follow in the footsteps of movie stars, politicians and royal personalities. The Queen of Lake Malaren (formerly Lady Hutton) is a luxury yacht built in 1924 for Mr C.K.G Billings from New York, a Texas oil millionaire. In 1924 the motor yacht was the largest of its day. Barbara Hutton, Woolworth heiress reputedly received the vessel in 1930 as a present from her father on her 18th birthday. The affectation and flirtation with yachting was part of her over-the-top lifestyle (she was married to the movie star Cary Grant), complete with such infamous quotes as: 'If you've got it, flaunt it' and 'Living well is the best revenge'. After only one year she sold the boat to the British Royal Navy for one pound. After the Second World War, the boat was stationed in Panama and also used as a school ship in Norway from 1948. At the start of the 1950s it was renamed and used as a regular passenger ship to and from Finland. The yacht was later slated for scrap, but was purchased by a group of Swedish businessmen who spent more than \$2.5 million to renovate her. She has now been converted to a hotel and restaurant ship and is docked at Riddarholmen in Stockholm, near the Old Town in the very heart of Stockholm with breathtaking views over the lake and the City Hall.

The price of the gala dinner includes a three course meal and 2 glasses of wine/beer. The choice for the main course is meat or fish. If you would like to choose fish or if you have any dietary preferences please send an email to: info@bs-europa.eu or we will assume that your choice is meat.

Post-Congress Social Mingle

Wednesday, 14th of October, 18:30 hrs

Join us at the Italian restaurant Vapiano in the Old Town, to mingle with both new and old colleagues in an informal spirit. No reservation needed, we will be there from 18:30 hrs.

The Post-Congress Social Mingle event is not included in the gala dinner fee or in any other registration fees; your cost will depend on choice of drink and food. A wide variety of food is available: pasta, pizza, salad and the price for main course starts from 12EUR. Address: Munkbrogatan 8, just next to the metro station "Gamla Stan".

Hotels

Below we recommend few hotels in convenient locations; all are in the heart of the city. The cost of accommodation in Stockholm is higher than in most European capitals, therefore we strongly advise you to organise your accommodation as early as possible.

Elite Palace Hotel

Address: Sankt Eriksgatan 115. Walking distance from the Central Station: 15-25 minutes

Standard room rate: 1379 SEK (incl. breakfast and tax)

To get this rate: book by a phone call (+46 8 559 017 40) or send an email (reservation.palace@elite.se) and use the following booking code: 3878472. The rate is available up until 1 month before or until the rooms are sold out. Book through: <https://www.elite.se/en/hotell/stockholm/palace-hotel/>

Clarion Hotel Sign

Address: Östra Järnvägsgatan 35. Walking distance from the Central Station: 8 minutes

Standard room rate: 1895 SEK (incl. breakfast and tax)

To get this rate: use the following booking code 2081R523940 and book up until 2 months before through <http://www.clarionsign.com/hotel.aspx>

Radisson Blu, Royal Viking Hotel

Address: Vasagatan 1. Walking distance from the Central Station: 2 minutes

Standard room rate: 1995 SEK (incl. breakfast and tax)

To get this rate: use the following booking code "000000" to book up until 1 month before or until the rooms are sold out. Book through: <http://www.radissonblu.com/royalvikinghotel-stockholm>

Radisson Blu, Waterfront Hotel

Address: Nils Ericsons plan 4. Walking distance from the Central Station: 3 minutes

Standard room rate: 1995 SEK (incl. breakfast and tax)

To get this rate: use the following booking code: <http://www.radissonblu.com/waterfronthotel-stockholm>

Budget options

2 kronor Hotel C.I.T.Y.

Address: Kammakargatan 62. Walking distance from the Central Station: 10-15 minutes

Standard room rate: from 900 SEK (limited number of rooms)

Stockholm Inn Hotel

Address: Drottninggatan 67. Walking distance from the Central Station: 10-15 minutes

Standard room rate: from 950 SEK (limited number of rooms)

Hotel Gamla Stan

Address: Skeppsbron 22. Walking distance from the Central Station: 20 minutes, facing the Royal Castle.

Standard room rate: from 700 SEK (limited number of rooms)

Registration and fees

To register for the Congress please access the following link and follow the instructions:
<https://bs-europa.conference-services.net/registration.asp?conferenceID=4579>

There are different fees according to the participant type and the date of registration. During the registration process, please apply the correct fee corresponding to your status (see below how you identify correctly your status).

Fee 1 - 300€: Early Bird registration for 13-14 Oct for Members of ECOG, the Swedish Association of the Study of Obesity and users of BORIS - Until 18 June

Fee 2 - 420€: Early Bird registration for 13-14 Oct for non ECOG Members - Until 18 June

Fee 3 - 200€: Early Bird registration for 13-14 Oct for ECOG Members from EEC and Students - Until 18 June

Fee 4 - 450€: Registration for 13-14 Oct for ECOG Members – After 18 June

Fee 5 - 570€: Registration for 13-14 Oct for non ECOG Members - After 18 June

Fee 6 - 300€: Registration for 13-14 Oct for ECOG Members from EEC and Students - After 18 June

Event 1 – 0€: Registration for morning session 12 Oct - this session is only for users of BORIS

Event 2 – 39€: Registration for afternoon session 12 Oct

Event 3 – 0€: Registration for afternoon session 12 Oct for users of BORIS and members of the Swedish Association of the Study of Obesity

Event 4 - 65€: Gala Dinner (13th of October, 19:30 hrs)

Abstract fee – 35€

Identify your status:

1. **ECOG Members:** Only existing members who have paid the registration fees for the last three years of their membership (2013/2014/2015) and new members who were accepted last year/two years ago and paid their fee annually can benefit from the reduced ECOG member fee. Delegates applying in 2015 can benefit from the “ECOG Member fee” (Fee 1 and Fee 4) first at the next ECOG Congress in 2016 as their application will be considered and accepted/rejected during the ECOG Congress 2015.

2. **ECOG members from EEC:** ECOG Members from Eastern European Countries

3. **Students:** Proof of status has to be submitted to info@bs-europa.eu

4. The **Swedish Association of the Study of Obesity:** Only members who have paid their registration fees for the last three years of their membership (2013/2014/2015) and new members who were accepted last year/two years ago and paid their fee annually can benefit from the reduced fee.