

## **“EFAD e-journal”**

### **INFORMATION AND INSTRUCTIONS FOR AUTHORS**

#### **1. Aim & scope of the journal:**

“EFAD e-journal” is a peer review journal which aims:

- To encourage communication and dissemination of research and evidence based practice between Dietitians and students of Dietetics, by giving them the opportunity to present and share their scientific, research and clinical practice activities.
- To facilitate potential collaboration between Higher Education Institutes, Research Dietitians and Dietitians in practice.
- To promote Dietetic research and evidence based practice.

#### **2. Journal's structure:**

*Number of abstracts per issue:* 25

*Number of issues per year:* 2 plus a Supplement containing all the students' posters from the annual EFAD conference.

#### **3. Scientific areas covered:**

The journal covers the full range of the science and practice of dietetics, as defined by European Federation of Associations of Dietitians (EFAD) and the International Congress of Dietetic Associations (ICDA).

The journal welcomes submissions and publishes work in three broad areas of dietetics:

1. Food service dietetics: focusing on food service management, nutritional intake of food provision in institutions and the community for both for groups and individuals.
2. Clinical dietetics: focusing on the planning and delivery of clinical dietetic interventions. This includes education, clinical education and training and evaluation of practice. This can take place in a range of settings from hospitals through to primary care and domiciliary visits.
3. Public health or community dietetics: focusing on work aimed at promoting health and developing health related food policy.

Type of submissions include systematically undertaken literature reviews, audits and evaluation of clinical interventions, observational studies, interventional studies and case studies and case series of disease areas with poorly defined nutritional treatments.

#### **4. Submission and evaluation criteria:**

##### Submission criteria & process:

- The abstract has not been submitted or published elsewhere.
- Work should be submitted in the English language.
- The submissions should have the structure of an extended abstract according to the official Proforma.
- In the case of students; submission, the submitted work should be part of the students' final year thesis leading to a qualification in dietetics. Moreover, the students' supervisor should sign at the bottom of the proforma indicating the level of student's enrollment in this work and his/her agreement for publication of the data.
- The abstracts should be submitted electronically (both as word and PDF files), through the address: [eJournal@efad.org](mailto:eJournal@efad.org) with topic: "EFAD e-journal". Files should be named according to the first author's surname.
- After the peer review process, authors (and supervisors in case of students submissions) will be informed about the acceptance or the rejection of their abstracts via e-mail.

##### Evaluation strategy

Each abstract submitted to the e-journal will be handled by a member of the Editorial Board. It will be assigned to reviewers for blind, peer-review, following international, high-quality standards. The reviewers will be kindly asked to submit their evaluation within 15 days, in order to shorten the time period between submission and e-publication. The final decision on the acceptance of a submission will be made by the Editorial Board, based on its novelty, originality, presentation of the results, as well as the competence of the English language. Decision will be free of any discrimination filters (e.g. race, sex, origin). Authors will be responsible for language quality and poor English will be a reason for rejection, although authors will get the chance to revise and resubmit their work once.

## 1. Instructions to authors

Authors should fill in the Proforma in order to submit their work. Submission language is English. The Proforma is structured as follows:

- Title: Title should be written in capital, bold letters, left alignment, font: Arial, pt 14.
- Author(s): Please name all the contributors of the submitted work that substantially contributed either in the design, analysis or in the conduction of the study and indicate one as the corresponding author. In the case of students, author(s) should be students in Dietetics or Dietitians who graduated the past year and who submit part of their final year thesis project. If more than two students have participated in the same project, this can be included in the authors list. Please write first name and last name, of all authors, in bold letters, left alignment, font: Arial, pt 14. Author(s) should also provide his/her contact information (email address obligatory).
- Institution/ Affiliation: Please write the names of the institutions that authors belong to. In student's submission please mention where the student is registered for his/her course. Use bold letters, left alignment, font: Arial, pt 12.
- Abstract: Use left alignment, font: Arial, pt 12.
  - Abstract should not exceed 500 words and should be structured, following the headings:
    - Introduction – *briefly refer to the background of the study and clearly state the aim of the submitted work.*
    - Methods- *refer to the study sample, instruments and methods used (including statistical analyses).*
    - Bioethics - *When reporting experiments on human subjects, a statement is required that the procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation and with the Helsinki Declaration as revised in 1983. In addition, where relevant, submit evidence that the work has been approved by an institutional clinical research panel or its equivalent.*
    - Results- *refer to the main significant findings of the project.*
    - Discussion - *including the interpretation and implications of the findings and end with a conclusion.*

- Conflict of interest & Acknowledgments: Please indicate any conflict of interest or ethical issue, and provide acknowledgements to any sponsors.
  - Key references: Please provide 3 references relevant to the abstract's topic.
  - Key words: Please provide 3-5 words.
- Supervisor confirmation (obligatory for students' submission): To be filled in by the supervisor, briefly verifying and describing the student's contribution and giving permission for abstract's publication. Printed name and dated signature are needed. Both electronic and printed signatures will be accepted. Confirmation by supervisor is not required for practicing dietitians.