

ESPEN



THE EUROPEAN
SOCIETY
FOR CLINICAL
NUTRITION
AND
METABOLISM

12th ESPEN SYMPOSIUM

Nutritional care in chronic kidney disease



PRELIMINARY
PROGRAM

UPPSALA, SWEDEN

November 30th
December 1st
2025

ORGANIZING COMMITTEE

Rocco Barazzoni, Italy
Giorgina Barbara Piccoli, France
Elisabeth Rothenberg, Sweden

FACULTY

Carla Avesani, Sweden
Gulistan Bahat, Türkiye
Maria D. Ballesteros, Spain
Rocco Barazzoni, Italy
Kirsten Bjorsbo, Denmark
Yves Boirie, France
Juan Jesus Carrero, Sweden
Tommy Cederholm, Sweden
Cristina Cuerda, Spain
Helene Dahl, Norway
Claudia D'Alessando, Italy
Andrew Davenport, UK
Lorenzo Donini, Italy
Maria Eriksson Svensson, Sweden
Ricard Farré Marti, Belgium
Svein Oskar Frigstad, Norway
Kamyar Kalantar-Zadeh, USA
Stanislaw Klek, Poland
Ziad Massy, France
Maria Nuotio, Finland
Giorgina Barbara Piccoli, France
Anne Pohju, Finland
Elisabeth Rothenberg, Sweden
Alice Sabatino, Sweden
Louise Salomo, Denmark
Stéphane Schneider, France
Mads Vaarby Sørensen, Denmark
Peter Stenvinkel, Sweden
Daniel Teta, Switzerland
Jetta Tuokkola, Finland
Carla Wunderle, Switzerland

*Faculty subject to change

LLL COURSE

Nutritional support in renal diseases

🕒 08.00 → 12.00

Moderated by *Alice Sabatino*

- Nutritional support in acute kidney disease
A. Sabatino
- Nutritional support in chronic renal failure
C. Avesani
- Nutritional support in chronic maintenance hemodialysis
A. Sabatino
- Nutritional support in peritoneal dialysis
C. D'Alessandro
- Coffee break
- Case discussion
- Final test

SYMPOSIUM

Nutritional care in chronic kidney disease

🕒 13.30 → 19.00

🕒 13.30 → 13.40

Opening and salutation

🕒 13.40 → 15.00

Chronic Kidney Disease: a major case of disease-related malnutrition

Moderators: *R. Barazzoni, C. Cuerda*

- CKD: a global epidemic between over- and undernutrition
K. Kalantar-Zadeh
- CKD and sustainability.
Focus on nutrition
P. Stenvinkel
- Optimizing renal nutrition in moderate CKD – the Nordic diet approach
L. Salomo

🕒 15.00 → 16.00

Special debate

MALNUTRITION or WASTING? Looking for common ground in terminology

Moderators: *S. Klek, E. Rothenberg*

- Protein Energy Wasting
K. Kalantar-Zadeh
- Malnutrition and GLIM approach
T. Cederholm

🕒 16.00 → 16.15 Coffee Break

🕒 16.15 → 17.30

Metabolism at the center: from pathophysiology to clinical optimization

Moderators: *Y. Boirie, M. Eriksson Svensson*

- Mitochondrial dysfunction:
what is special in CKD
R. Barazzoni
- Uremic toxins: what is new
and what is their role
Z. Massy
- Altered intestinal permeability:
a key (modifiable) player?
R. Farré Marti

🕒 17.30 → 19.00

Nutritional needs and delivery: new guidelines and guidance

Moderators: *S.O. Frigstad, S. Schneider*

- New Guidelines on CKD and protein intake: what is there and what is missing?
G.B. Piccoli
- Protein restriction or “just” healthy and non-processed food (or both?)
C. Avesani
- Nutritional needs during hospitalization: ESPEN guideline
C. Cuerda
- Nutritional care for CKD in polymorbid patients: evidence from the trials
C. Wunderle

SYMPOSIUM

Nutritional care in chronic kidney disease

🕒 08.30 → 13.30

🕒 8.30 → 9.30

Non-nutritional management of malnutrition and wasting: reducing the burden

Moderators: *L. Salomo, J. Tuokkola*

- Optimizing acid balance: nutritional approaches and implications
M.V. Sørensen
- Dialysis schedule: how can we minimize nutritional risk?
A. Davenport
- Physical activity in CKD patients: metabolic and nutritional impact
D. Tetà

🕒 9.30 → 10.30

Obesity in CKD: the challenge of complexity

Moderators: *H. Dahl, L. Donini*

- Adiposopathy and renal metabolic complications
Y. Boirie
- Obesity and CKD: the perfect nutritional storm and sarcopenic obesity
M.D. Ballesteros
- Treating obesity in CKD: clinical targets and the fat-muscle balance
R. Barazzoni

🕒 10.30 → 11.00 Coffee Break

🕒 11.00 → 12.15

Special nutritional conditions

Moderators: *C. Avesani, A. Pohju*

- Sarcopenia and frailty in CKD: clinical and therapeutic implications
G. Bahat
- Nutritional care of pediatric CKD patients: special needs and approaches
J. Tuokkola
- Special needs and concerns during pregnancy in women with CKD
G.B. Piccoli
- Before and after transplantation: optimizing opportunities and outcomes
C. D'Alessandro

🕒 12.15 → 13.15

Implementation of nutritional care

Moderators: *Z. Massy, M. Nuotio*

- Revolutionizing Patient Care: A New App to Enhance Dietary Adherence in CKD Management
K. Bjørnsbo
- Ideal weight and formulae: clinical approaches and implications
L. Donini
- Why malnutrition cannot be neglected in CKD and need for multidisciplinary approaches
J.J. Carrero

🕒 13.15 → 13.30

Concluding remarks

GENERAL INFORMATION

CONFERENCE VENUE

Elite Hotel Academia

Suttings gränd 6

753 19 Uppsala (Sweden)

The hotel is right next to Uppsala Central Station and 20 minutes from Stockholm Arlanda Airport.

They offer parking adjacent to the hotel, in a garage for 295 SEK/night (ceiling height 208 cm) or in their courtyard for 245 SEK/night.

Parking is allowed in any car park marked with Elite Hotels.

To book your garage space during your stay at Elite Hotel Academia in Uppsala click [here](#).

HOW TO GET FROM STOCKHOLM ARLANDA AIRPORT TO UPPSALA

By Train *(fastest option)*

- Time: ~20 minutes
- Frequency: Every 20–30 minutes
- Cost: 42–210 SEK

By Bus *(economical option)*

- UL Bus 801
 - Time: ~45 minutes
 - Frequency: Every 15–30 minutes
 - Cost: ~130 SEK
- FlixBus
 - Time: ~25–35 minutes
 - Frequency: Up to 5 times per day
 - Cost: From ~130 SEK

By Taxi

- Time: ~35 minutes
- Cost: Around 1,000 SEK
(Prices vary - recommended to pre-book a fixed-price ride)

GENERAL INFORMATION

REGISTRATION

Online registration at www.espen.org

REGISTRATION FEES

Symposium

ESPEN member*: € 150,00

Non-member: € 200,00

LLL Course

ESPEN member*: € 50,00

Non-member: € 60,00

**2025 regular membership is required.*

The fees include: admittance to the Scientific Sessions; conference kit, certificate of attendance, catering services.

Cancellation policy

All cancellation requests must be submitted in writing (via email or fax) to the Organizing Secretariat no later than **October 31st, 2025**. Verbal requests will not be accepted.

For cancellations received by October 31st, 2025, 70% of the paid or committed amount will be refunded. No refunds will be issued for requests received after this date.

Name changes will be accepted until November 21st, 2025.

LANGUAGE

English is the official language of the event.

EACCME CREDITS

Application for UEMS-EACCME® accreditation will be submitted shortly.



www.espen.org

ORGANIZING SECRETARIAT

N O E M A

www.noemacongressi.it
info@noemacongressi.it
Ph. +39 051 230385

